

#### Republic of the Philippines

## Department of Education

### REGION I SCHOOLS DIVISION OF PANGASINAN II

July 31, 2023

#### DIVISION MEMORANDUM

No. 361, s. 2023

# ANNUAL PHYSICAL EXAMINATION OF DEPED EMPLOYEES (TEACHING AND NON-TEACHING PERSONNEL)

TO : Assistant Schools Division Superintendent

Chief Education Supervisors
Education Program Supervisors

Office/Unit Heads

**Public Schools District Supervisors** 

Public Elementary and Secondary School Heads

School Health and Nutrition Unit

**All Others Concerned** 

- 1. In reference to DepEd Memorandum No. 22, s. 2015 on Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching Personnel), all SDO Pangasinan II Personnel shall undergo Annual Physical Examination in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989.
- The activity aims to:
  - a. Determine the annual health status of the employees to deter the occurrence of illnesses and to treat diseases (eq. PTB, HPN, etc.) if it has already set in, to prevent its further progression if not totally treated.
  - b. To ensure that all personnel are physically, mentally, and emotionally fit to do their best on their designated tasks.
- 3. Chest X-ray is required to all employees except for pregnant women during their 1st and 2nd trimester of pregnancy and with other medical conditions that contraindicate exposure who are instead advised to undergo sputum microscopy. Personnel with chest x-ray taken 6 months earlier should have another one taken.
- 4. DepEd employees can undergo the said examinations in any laboratory of their choice as long as all the above-mentioned procedures will be availed.
- 5. All personnel are also advised to update their dental record through dental examination and assessment. This is in compliance with the OK sa DepEd policy for the establishment of oral health profile of teaching and non-teaching personnel.
- 6. Health Examination Record (CS Form 86) and its attachments (x-ray results) and updated dental record shall be submitted to the district nurses for consolidation and submission to the Schools Division Office on or before September 1, 2023.
- Compliance with the existing IATF protocols and minimum public health standards must be observed.
- 8. Immediate dissemination of this memorandum is directed.

APPROVED FOR TRANSMISSION:

ARVIN R. PURISIMA ADMINISTRATIVE OFFICER V LORNA GBUOAYONG, PhD, CESO V Schools Division Superintendent

