



Republic of the Philippines  
**Department of Education**  
Region I  
SCHOOLS DIVISION OFFICE OF PANGASINAN II

October 23, 2023

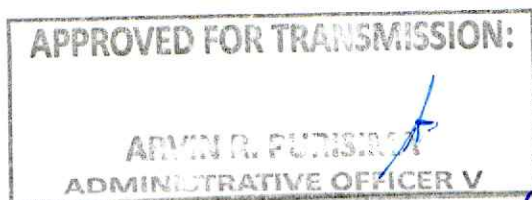
**DIVISION MEMORANDUM**

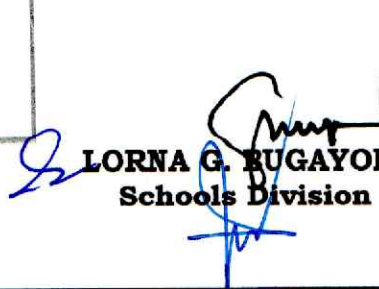
No. 520, s. 2023

**DIVISION SEARCH FOR MOST FUNCTIONAL SCHOOL FITNESS PROGRAM**

To: Public School District Supervisors  
Secondary School Principals  
Senior High School Assistant School Principals

1. **School Fitness Program** places emphasis on the value of living a physically active and healthy lifestyle. The purpose of this school-based programs is to increase learners, teachers & non-teaching personnel activity levels, help them maintain a healthy weight, and potentially improve their health outcomes over time.
2. To further strengthen the implementation of said program, a Division Search for the Most Functional School Fitness Program will be conducted.
3. The search should be spearheaded by the School Head from both elementary and secondary with their MAPEH teacher/coordinator. See attached Enclosure of this Division Memorandum -Criteria and Mechanics.
4. For widest dissemination to all personnel concerned.



  
**LORNA G. BUGAYONG, PhD, CESO V**  
Schools Division Superintendent



Address: Mac Arthur Highway, Canarvacanan, Binalonan, Pangasinan

Telephone Number: (075) 637-6227

Email Address: [pangasinan2@deped.gov.ph](mailto:pangasinan2@deped.gov.ph)



**Republic of the Philippines**  
**Department of Education**  
**Region I**  
**SCHOOLS DIVISION OFFICE OF PANGASINAN II**

---

**ENCLOSURE NO. 1, DIVISION MEMORANDUM NO. \_\_\_\_,S. 2023**

**Mechanics of the Search:**

1. The search is open to all school heads in partnership with their MAPEH teacher/coordinator in both elementary and secondary level.
2. Interested entries should send a letter of intent in the Division Office addressed to our Schools Division Superintendent, EPS MAPEH/SPS/SPS on or before November 29,2024.
3. Submission of Folders (2) for Initial screening will be on February 20,2024 and the Final evaluation will be on April 18,2024 at the Division Function Room.
4. Bring your original documents on the final evaluation.
5. Top ten Awardees will be selected and will receive certificate/plaque of recognition.

**CRITERIA FOR THE SEARCH OF MOST FUNCTIONAL SCHOOL FITNESS PROGRAM**

|  |         |             | RATING | MOV   |
|--|---------|-------------|--------|---|
|  | EVIDENT | NOT-EVIDENT |        |   |
| <p><b>I. SCHOOL FITNESS PROGRAM AS INNOVATIVE PROJECT of School Head and MAPEH/SPA/SPS teacher, Department Heads/Chairmen... (40pts.)</b></p> <ul style="list-style-type: none"> <li>- Proposal.....( 20pts.)</li> <li>Final..... (20 pts.)</li> </ul>   |         |             |        | Innovative Project Proposal/Final paper<br>COC<br>- Certificate if Implementation<br>- Impact Evaluation of Innovation<br>- Proof of Impact Results Dissemination |
| <p><b>II. SCHOOL FITNESS PROGRAM.....REFLECTED IN SIP .....10 pts.</b></p> <ul style="list-style-type: none"> <li>- With allocation from MOOE for the provision of materials/equipment needed for the program..... (5pts)</li> <li>- Purchased materials/equipment for the fitness program from the MOOE.....(5pts)</li> </ul> |         |             |        | SIP<br>MOOE Liquidation report<br>Financial statement<br>Proof of purchase<br>Pictures  |
| <p><b>III. SPECIAL PROGRAMS /ACTIVITIES PARTICIPATED OUTSIDE THE SCHOOL RELATED TO THE FITNESS PROGRAM/PROJECT...(15 pts)</b></p> <p><b>5 or more programs....15pts</b><br/> <b>4 below.....10pts.</b></p>   |         |             |        | Program Attendance sheets<br>Pictures<br>Certificate of Participation   |
| <p><b>IV. PRESENCE OF INDIVIDUAL BMI of the TEACHING AND NON-TEACHING STAFF TAKEN QUARTERLY .....(5 pts)</b></p>   |         |             |        | Quarterly BMI Test results<br>Individual BMI Records  |

|   |  |  |  |  |
|---|--|--|--|--|
|   |  |  |  |  |
| <b>V. Assistance from PTA, LGU, NGOs, GO, Alumni to the program..(10pts.)</b><br><br>-Sponsorship/donor<br>-participants                  |  |  |  | Narrative report<br>Pictures                         |
| <b>VI. Participation /Involvement of Parents /Barangay Council.....(10pts.)</b>   |  |  |  | Narrative reports<br>Attendance sheets               |
| <b>VII. IPCRF/OPCRF latest Rating (10pts.)</b><br>- 100%.....Outstanding... 10%<br>- 90%.....Outstanding.... 8%<br>- 80% and below.....5% |  |  |  | IPCRF Rating Certification from the School Head/PSDS |

