



Republic of the Philippines
Department of Education
Region I
SCHOOL DIVISION OF PANGASINAN II
Canarvacanan, Binalonan

December 9, 2024

DIVISION MEMORANDUM

No. 687, s. 2024

TO : **Chief Education Supervisors**
Public School District Supervisors
Elementary and Secondary School Heads
School Health and Nutrition Unit
Maria Amor Vena E. Biagtan - Guidance Coordinator III (MNHS)
Annabella G. Dingwasen - Guidance Coordinator III (AFONHS)
Melissa Ines D. De Guia - Guidance Coordinator I (MNHS)
Registered Guidance Counselors
Designated Guidance Counselors
All Others Concerned

FROM : **VIVIAN LUZ S. PAGATPATAN, CESO VI**
School Division Superintendent

SUBJECT : **CAPACITY BUILDING FOR MENTAL HEALTH ADVOCATES OF SDO PANGASINAN II CUM CRAFTING OF MENTAL HEALTH PROGRAM IN SCHOOLS**

1. In line with Republic Act No. 11036, the Mental Health Act of 2018, mandates the Department of Education (DepEd) to take a proactive role in promoting mental health within schools. This legislation requires DepEd to identify learners' as well as personnel at risk of mental health issues, provide necessary support services, and ensure accessible, referral system, treatment and psychosocial support. The Schools Division of Pangasinan II had been active in promoting School Mental Health Programs (SMHP). With the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health, this capacity building supports the world mental health celebration this year with the Theme, **"It's Time to Prioritize Mental Health in the Workplace"**.

2. Reference to this an "Unnumbered OUOPS no.2024-03" Implementing Guidelines on the Allocation, Utilization Documentation and Report of the SMPH for FY 2024 including the Guidelines on the Hiring of Tas Under CoS for the program", DepEd Memorandum No. 74, s.2021 "Inclusion and Promotion of Mental Health in All DepEd Events and Programs"

3. This office through the School Governance and Operations Division, School Health Section Unit will conduct a CAPACITY BUILDING for MENTAL HEALTH ADVOCATES OF SDO PANGASINAN II CUM CRAFTING OF MENTAL HEALTH PROGRAM IN SCHOOLS on December 17-18, 2024 at JM Paradise, Binalonan Pangasinan.

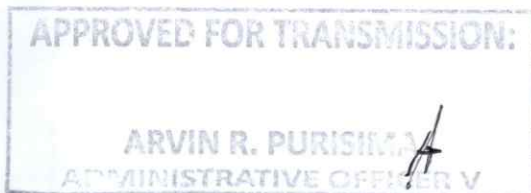
4. Participants to this activity are the **SHNU Medical Officer III and Nurses, Registered Guidance Counselors, 33 Districts Elementary Guidance Coordinators, Selected Junior High School, Senior High School, Integrated Schools Designated**



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Guidance Counselors. Please see attached list of names of participants of JHS, SHS and IS Guidance Designates.

5. The participants shall be given free lunch, snacks and certificates.
6. Travel and other incidental expenses of the participants shall be charged to the school's MOOE/local funds subject to the usual auditing and accounting procedure.
7. Immediate dissemination and strict compliance with the memorandum is directed.



CASACLANG, Fay Mia Cruz	Female	Guidance Counselor III	HS	Manoaog National High School	Manoaog I	4th
CO, Mesias James Arellano	Male	SHS Guidance Designate	SHS	Manoaog National High School	Manoaog I	4th
IDIO, Christine Joy Eden	Female	Teacher II	HS	Mangaldan National High School	Manoaog I	4th
ZACARIAS, Michael Thaddeus Cancino	Male	T-III	HS	Mangaldan National High School	Manoaog I	4th
AQUINO, Audin Ocsan	Female	SHS Guidance Designate	SHS	Manoaog National High School	Manoaog	4th
VICTORIO, Mhelgie Garcia	Female	Teacher I	HS	Baguinay National High School	Manoaog II	4th
VELASQUEZ, ANGELA TORRALBA	Female	Teacher III	HS	DAVID NATIONAL HIGH SCHOOL	Mangaldan I	4th
CAPILLAN, Cheryl Baylisis	Female	Teacher III/ JHS Guidance Designate/ Sch	JHS-ISSC	Mangaldan Integrated School SPED Center	Mangaldan II	4th
DAUZ, Debbie Kate Querimit	Female	SHS Guidance Designate	SHS-ISSC	Mangaldan Integrated School Sped Center	Mangaldan II	4th
SORIANO, Ana Giselle Imbat	Female	Teacher II	HS	San Fabian National High School	San Fabian I	4th
SERRANA, Ofelia Dumo	Female	Teacher III / JHS Guidance Designates	JHS	ANONANG NATIONAL HIGH SCHOOL	San Fabian II	4th
EMPERADOR, Jennifer Roque	Female	Teacher II / SHS Guidance Designate	SHS	Anonang National High School	San Fabian II	4th
SINEN, MARY GRACE FERRER	Female	Teacher I/Guidance Designate	HS	Lobong National High School	San Jacinto	4th
EROSA, Jennifer Fabia	Female	Teacher II	HS	Lobong National High School	San Jacinto	4th
AGSAOAY, Ma. Theresa Mediodia	Female	Teacher	HS	San Jacinto National High School	San Jacinto	4th
CABATIC, Ronalyn Intal	Female	Teacher III	HS	Arboleda National High School	Alcala	5th
FAMORCAN, Madonna Cruz	Female	SHS Guidance Designate	SHS	Arboleda National High School	Alcala	5th
VINLUAN, ROSALLIE. VERZOSA	Female	T-3 Guidance Designate	HS	Bersamin Agro-Industrial High School	Alcala	5th
BAGAYAN, Romargie Cacabilos	Female	Head Teacher II	HS	Canarvacanan National High School	Alcala	5th
ASUNCION	Female	SHS T-II	SHS	CIPRIANO P. PRIMICIAS NATIONAL HIGH SCHOOL	ALCALA	5th
CARRANZA, Mary Maricon Mabalot	Female	Head Teacher III	HS	CIPRIANO P. PRIMICIAS NHS	ALCALA	5th
MELICAN, Michelle Jimenez	Female	T-III/ Guidance Designate	HS	Pindangan National High School	Alcala	5th
TAMAYO, MARILYN NELMIDA	Female	Teacher II	HS	San Pedro Apartado National High School	Alcala	5th
GUMATIN, April Prestoza	Female	Teacher III/JHS Guidance Designate	JHS	Baluyot National High School	Bautista	5th
Junio, Christine Joy Maranan	Female	SHS Teacher II/ Guidance Designate	SHS	Bautista National High School	Bautista	5th
PEREZ, Reyshelle Ann Dela Pacion	Female	Guidance Designate	HS	Coloscaoayan National High School	Bautista	5th
SERAFIN, RIZZA LISONDRA	Female	TEACHER II	HS	COLOSCAOAYAN NATIONAL HIGH SCHOOL	BAUTISTA	5th
BALATICO, Theresa De Guzman	Female	Teacher III	HS	Bautista National High School	Bautista	5th
RODOLFO, JOSEPHINE MENDOZA	Female	Teacher III	HS	Juan G. Macaraeg National High School	Binalonan	5th
SALES, Angie Lee Lou Carbonnel	Female	Teacher III	HS	Juan G. Macaraeg National High School	Binalonan	5th
POTE, RG-Anne Gines	Female	TEACHER III	HS	SAN FELIPE NATIONAL HIGH SCHOOL	Binalonan	5th
ILASIN, MARY JANE PASCUA	Female	T-III	HS	STA. MARIA NATIONAL HIGH SCHOOL	BINALONAN	5th
ARCANGEL, Siorny Lopez	Female	Teacher II/ SHS Guidance Designate	SHS	Sumabnit National High School	Binalonan	5th
GANZON, Rodolfo Jr. Villanueva	Male	Teacher II	HS	Juan G. Macaraeg National High School	Binalonan I	5th
DRIG, Marites Salvador	Female	Teacher III	HS	BATASAN NATIONAL HIGH SCHOOL	Binalonan II	5th
VARGAS, ELPEDIO JR. A.	Male	Master Teacher I	HS	Sumabnit National High School	Binalonan II	5th
MENESES, Jomarie Estibal	Female	Teacher I	HS	Cabilaan Agro-Industrial High School	Laoac	5th
CRISPINO, Jamelie Medrano	Female	Head Teacher III	HS	Laoac National High School	Laoac	5th
AQUINO, EMIELYN ROSE AGPALO	Female	SHS Teacher III	SHS	Laoac National High School	Laoac	5th
FORTALEZA, Sonia Mondero	Female	Teacher III	HS	BObonan NHS	Pozorrubio	5th
FERNANDEZ, Merlina Olinares	Female	SHS Teacher II	SHS	Bobonan NHS	Pozorrubio	5th
ELCANO, JANICE GILLE	Female	SHS Guidance Designate	SHS-IS	Dilan Integrated School	Pozorrubio I	5th
MINATAC, Crizha Genne Pasiteng	Female	Teacher I	HS	DON BENITO AGRO-INDUSTRIAL HIGH SCHOOL	POZORRUBIO	5th
CRUZ, Jennifer Tiangson	Female	Teacher III	HS	Eugenio P. Perez National High School	Pozorrubio	5th
CARGANILLA, Jo Ann Parzan	Female	Teacher III	HS	Eugenio P. Perez National High School (SHS)	Pozorrubio II	5th
MALIGSA, MICHAEL LEO VALLOYAS	Male	SHS Teacher II	SHS	Nama National High School	Pozorrubio	5th
PURISIMA, Chona Mae Corpuz	Female	SHS Guidance Designate	SHS	Nantangalan National High School	Pozorrubio I	5th
GATCHALIAN, Renato Dulay	Male	Master Teacher I	HS	Nantangalan NHS	Pozorrubio	5th
CARINO, EDNA RICARDE	Female	Teacher III	HS	Palguyod National High School	Pozorrubio	5th
SEVILLEJA, Christine Siador	Female	SHS Teacher II	SHS	Rosario National High School	Pozorrubio	5th
JOVELLANOS, Regine Molina	Female	Teacher II/JHS Guidance Designate	JHS	ALIBENG NATIONAL HIGH SCHOOL	SISON	5th
LACORDA, Charis Castillo	Female	SHS Guidance Designate	SHS	Alibeng National High School	Sison	5th
ALVAREZ, Cecile Saludo	Female	Teacher III	HS	ARTACHO NATIONAL HIGH SCHOOL	Sison	5th
JURALBAL, SISSA RAE BACLAYON	Female	JHS Guidance Designate	JHS	BULAOEN EAST NATIONAL HIGH SCHOOL	Sison	5th
Gian Robert R. Fabros	Male	SHS Guidance Designate	SHS	Bantay Insik Integrated School	Sison	5th
MALAGAYO, Jeshel Lagmay	Female	Teacher II	HS	Bulaoen East National High School	Sison	5th
MABITAZAN, Romela Isla	Female	Teacher III	HS	DON AMADEO PEREZ SR. NHS	Sison	5th
MACOSE, RECHEL BENITO	Female	TEACHER I/ JHS GUIDANCE DESIGNA	JHS	LABAYUG NATIONAL HIGH SCHOOL	Sison	5th
BONDOC, DIANA ROSE YANGAT	Female	SHS GUIDANCE DESIGNATE	SHS	LABAYUG NATIONAL HIGH SCHOOL	SISON	5th
BASTO, Vivian Gladys Valdez	Female	SHS Guidance Designate	SHS	PINDANGAN NATIONAL HIGH SCHOOL	SISON	5th
ORIBELLO	Male	TEACHER III	HS	PINMILAPIL NATIONAL HIGH SCHOOL	SISON	5th
CASTAÑEDA, Sheila Arciaga	Female	Teacher III	HS	Antonio P. Villar National High School	Sto. Tomas	5th
CALICA, Maria Mohanna Tigla	Female	T-II	HS	Antonio P. Villar NHS	Sto Tomas	5th
FOYAGAO, RONALD LUDCHAWE	Male	SHS-GUIDANCE DESIGNATE	SHS	SAN ANTONIO NATIONAL HIGH SCHOOL	STO. TOMAS	5th
GAMBOA, Judy Ann Miran	Female	SHS Teacher II	SHS	Amamperez Agro-Industrial High School	Villasis	5th
PAELANO, JUMHEL ANN RARA	Female	Teacher II	HS	Barangobong National High School	Villasis 1	5th
SEGUNDO, Eunice Cresencia	Female	T-III	HS	Barangobong NHS	Villasis I	5th
REGLOS, DONITA ROSE OBILLO	Female	TEACHER II	HS	CAPULAAAN NATIONAL HIGH SCHOOL	VILLASIS	5th
Mairina, Janneth Obello	Female	Teacher III	HS	Capulaan National High School	Villasis	5th
SALAZAR, Aileen Mendoza	Female	T-III	HS	Don Ramon E. Costales Memorial NHS	Villasis	5th
OLIVO, Siena Marie Manangan	Female	Teacher II	HS	Don Ramon E. Costales Memorial NHS	Villasis	5th
MACAYAN, TERESITA LOZANO	Female	Teacher III	HS	PIAZ NATIONAL HIGH SCHOOL	VILLASIS I	5th
CAYETANO, Fatima Ceraos	Female	SHS Teacher II/ SHS Guidance OIC	SHS	Piaz National High School	Villasis I	5th
SIMON, Mary Blossom Luna	Female	SHS Teacher II	SHS	unzad national high school	Villasis	5th
AQUINO, Regina Ramirez	Female	Teacher III	HS	Unzad National High School	Villasis II	5th
VENENCIANO, Gracia Cabais	Female	JHS Guidance Designate	JHS	Ariston-Bantog National High School	Asingan II	6th
SIROT, Nestor Echavaria	Male	SHS Teacher II	SHS-IS	Calepaan IS	Asingan 1	6th
MELANIS, RUTH BOTUYAN	Female	Teacher III	HS	CAROSUCAN SUR NATIONAL HIGH SCHOOL	ASINGAN I	6th
GAMAZON, Lelanie Galsim	Female	Guidance Counselor III	HS	Luciano Millan National High School	Asingan I	6th
ESPEJO, Divinia Tendero	Female	Guidance Counselor III	SHS	Luciano Millan NHS	Asingan I	6th
PASCUA, Rosellett Guarino	Female	JHS Guidance Designate	JHS	TOBOY NATIONAL HIGH SCHOOL	ASINGAN II	6th
GALZOTE, KRISTEL JOY CAOILE	Female	TEACHER II- SHS GUIDANCE DESIGNA	SHS	TOBOY NHS	ASINGAN 2	6th
TARALA, Jhoanna Orallo	Female	Teacher 3/guidance Designate	HS	Balungao National High School	Balungao	6th
CIPRIANO, MYLYN FLORES	Female	TEACHER III	HS	RAJAL-ANGAYAN NATIONAL HIGH SCHOOL	BALUNGAO	6th
LABERGUE, Anna Lynn Tan	Female	Teacher III	HS	San Aurelio National High School	Balungao	6th
LOPEZ, Ralph Izaak Ruiz	Male	SHS Teacher II	SHS	San Aurelio National High School	Balungao	6th

FEBRERO, Maribel Fronda	Female	Secondary School Teacher III/Guidance D	SHS	San Leon National High School	Balungao	6th
Tabalanza., Ness Evaline Merlin	Female	Teacher II	HS	Natividad National High School	Natividad	6th
GAMBOT, Reddin Rillera	Female	SHS Teacher III	SHS	San Macario National High School	Natividad	6th
COLLADO, STAPHANIE SALUDO	Female	Teacher III	HS	San Miguel NHS	Natividad	6th
VALLEJO,VIVIAN COLLADO	Female	Teacher	HS	Salud-San Eugenio National High School	Natividad	6th
Saltat Eleanor Labaniego	Female	Teacher III	HS	Guiling Coliling National High School	Rosales	6th
ALCANTARA, JEANETTE CANSINO	Female	SHS Teacher III	SHS	Guiling-Coliling NHS	Rosales	6th
ORPIA, Joice Samonte	Female	JHS Guidance Designate	JHS	Robert B. Estrella Memorial National High School	Rosales	6th
ANDRADA, Ma. Morena Bolsico	Female	SHS TII	SHS	Robert B. Estrella Memorial National High School	Rosales	6th
BAUTISTA, J. Antonette Ramat	Female	Administrative Aide IV	HS	Rosales National High School	Rosales	6th
BAUTISTA, J. Antonette Ramat	Female	JHS Guidance Designate/ Administrative A	JHS	Rosales National High School	Rosales 1	6th
CATABAY, Jayson Yzulan	Male	TEACHER III	HS	SAN LIIS NATIONAL HIGH SCHOOL	ROSALES II	6th
DAVID, MAY SABADO	Female	TEACHER II	HS	SAN LUIS NATIONAL HIGH SCHOOL	ROSALES	6th
CATABAY, Michelle Manzano	Female	Teacher III	HS	SAN LUIS NATIONAL HIGH SCHOOL	Rosales	6th
AYSON, DANICA MAE QUILLOPAS	Female	Teacher I	HS	SAN LUIS NATIONAL HIGH SCHOOL	ROSALES II	6th
ROVILLOS, Ofelia Gumapos	Female	Teacher II	HS	Don Robert B. Estrella Sr. National High School	San Manuel	6th
LOMIBAO, Hiyasmine Garcia	Female	Teacher 2	HS	SAN JUAN NATIONAL HIGH SCHOOL	SAN MANUEL	6th
LAUNICO, LETICIA BALADAD	Female	TEACHER II	HS	SAN JUAN NATIONAL HIGH SCHOOL	SAN MAUEL	6th
GANTE, Angelica Cerami	Female	Teacher I	HS	Sto. Domingo National High School	San Manuel	6th
CENTINO, JOEY GUICO	Male	Teacher II	HS	Sto. Domingo National High School	San Manuel	6th
CAMARAO, Jovelyn Rubaton	Female	Teacher III	HS	Dalupinas National High School	San Nicolas II	6th
Salvador Gladys Embuido	Female	Teacher II	SH	Dalupinas National High School	San Nicolas II	6th
AVIGUETERO, Aileen Grace Alegre	Female	Teacher III	HS	San Isidro NHS	San Nicolas I	6th
SERQUIÑA, Loraine Laroco	Female	Teacher II	HS	San Nicolas National High School	SAN NICOLAS II	6th
SO, Judith Itiong	Female	Teacher III	HS	San Nicolas National High School	San Nicolas	6th
HERMANO, Grace Mendoza	Female	Teacher III Guidance Designate	HS	San Rafael National High School	San Nicolas I	6th
MEJIA, Regina Suyat	Female	Teacher II	HS	San Rafael NHS	San Nicolas I	6th
CACAYAN, Jocelyn Ignacio	Female	TIII	HS	STA MARIA NATIONAL HIGH SCHOOL	SAN NICOLAS	6th
ALEGRE, Anthony Paddit	Male	SHS Teacher II/SHS Guidance Designate	SHS	Sto. Tomas National High School	San Nicolas I	6th
Benitez Mary Cris Oris	Female	T- III	HS	Sto. Tomas NHS	San Nicolas	6th
RAMIREZ, Crisanta Obillo	Female	Teacher III	HS	Lagasit National High School	San Quintin	6th
Damasco, Garlito Macasieb	Male	Teacher III	HS	Lagasit National High School	San Quintin	6th
OBILLO, Rommel Bustamante	Male	SHS Teacher II	SHS	Lagasit National High School	San Quintin	6th
NIPALES,Jeramae, Cadelina	Female	Teacher III	HS	San Quintin National High School	San Quintin	6th
DELA CRUZ, MYRNA CAOILE	Female	SHS Guidance in Charge	SHS	San Quintin National High School	San Quintin	6th
Rubelyn s. Fagel	Female	JHS Guidance Designate	JHS	Tayug National High School	Tayug II	6th
PASAMIC, Antonette Davin	Female	T-II/ Senior High School Guidance Designate	SHS	Panganiban National High School	Tayug II	6th
CARGANILLO, JOSELYN GABANIT	Female	Teacher I	HS	Tayug National High School	Tayug I	6th
GOLOYA, Mae Ann Tenebro	Female	SHS Teacher II	SHS	Tayug National High School	Tayug I	6th
BAUTISTA, ARTURO II P.	Male	Guidance Counselor I	HS	Tayug National High School	Tayug I	6th
LINDE, Zia Joy Cortez	Female	T-II	HS	Flores NHS	Umingan	6th
CUDAL, Gertrudes Fonacier	Female	SHS TEACHER II	SHS	BARACBAC NATIONAL HIGH SCHOOL	Umingan	6th
ALLAS, Annabelle Dingle	Female	T-III / JHS Guidance Designate	JHS	Baracbac National High School	Umingan II	6th
CALDERON Rowena Ortiz	Female	Teacher 3/Guidance Designate JHS	JHS	Flores National High School	Umingan 1	6th
VALDREZ, Alta Nova Cube	Female	Teacher I	HS	Maseil-seil Alo-o National High School	Umingan II	6th
PANIT, Ailyn Dela Rosa	Female	Teacher II	HS	Prado National High School	Umingan	6th
GONZALES, Meralyn Ibañez	Female	Teacher II	HS	Umingan National High School	Umingan	6th
DUMO, ROWENA J	Female	TIII	HS	Umingan National High School	Umingan I	6th